

**HELLO!** If you are self-isolating I would love to help you...

My name is \_\_\_\_\_

I live in the area and am also a member of  
**ANGLICAN CHURCHES SPRINGWOOD**

**If you are self-isolating due to COVID-19,  
I can help you (for free, of course!) by:**

- Picking up shopping       Praying for you  
 Posting/collecting mail       Being a listening ear over the phone  
 Other: \_\_\_\_\_

Contact me at \_\_\_\_\_  
and I'll do my very best to be able to help you.

*(For the sake of each other's health, we'll need to wash our hands regularly, stay 2m away from each other and leave items to be collected/dropped off on your doorstep)*      **#viralkindness**



Anglican Churches  
**SPRINGWOOD**

Our church is meeting virtually for the time being and we'd love you to join us. Visit our website for more information.

4751 1065 | [springwoodanglican.org.au](http://springwoodanglican.org.au)  
[facebook.com/AnglicanChurchesSpringwood](https://facebook.com/AnglicanChurchesSpringwood)

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